



# Lauren Littauer Briggs

Inspirational

Fun Loving



Professional



Practical



Motivational

Nurturing



## You've Got What It Takes!

God has equipped you with specific and unique gifts.  
Lauren Briggs shows you how to use them!

**Lauren Briggs** has been referred to as a true "Renaissance Woman"; multi-talented, accomplished and credentialed in her professional, spiritual and every day life. She is multi-faceted with interests in music, theater, literature and history. Lauren's particular gift is her insight into people's strengths and weaknesses and motivating them to positive action. Blended with her spiritual depth, her most important ability is to see heartache and concern in people's lives and minister to them compassionately.

With a true heart for women and the family, Lauren has traveled many paths – speaking, singing and writing — and has nurtured many others along her life's journey. Lauren reflects her motto, "Every Day is a Gift," in her personal involvement with others and to large and small audiences across the country. She lovingly and truly walks her talk as she speaks and writes on topics such as, parenting, marriage, helping, contentment and choices. Her best-selling book, *The Art of Helping – What to Say and Do When Someone is Hurting*, is a practical hands-on guide to use in any daily situation. Endorsed by nationally known speakers such as Emilie Barnes, Patsy Clairmont, Marilyn Heavilin and Gayle Roper, this book demonstrates the lost art of graciousness and compassion — a much needed essential in today's busy world. Lauren teamed with Florence and Marita Littauer, her mother and sister, to write another must-have book, *Making The Blue Plate Special – The Joy of Family Legacies*. This step-by-step resource encourages families to enjoy and preserve their family traditions.

Lauren has been happily married since 1975 to husband and business partner Randy Briggs, and is the mother of three energetic and talented adult sons, Randy Jr., Jonathan and Bryan.

To book **Lauren Briggs** for speaking engagements, or learn more about the many faces of this fascinating woman and her versatile presentations, books and professional credentials, visit her website [www.laurenbriggs.com](http://www.laurenbriggs.com). You'll be glad you did!

*May my teaching drop like rain, my speech condense like the dew,  
like gentle rain on grass, like showers on new growth. Deuteronomy 32:2*

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